

**C H O O S E**<sup>TM</sup>  
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A member of the group of companies



## Skills for Life – Student Support

CHOOSE Employment assists OzHelp deliver the Skills for Life – Student Support program.

Skills for Life assists trainees and apprentices with coaching, counselling, disability support, advice and career pathways.

We are a **free and confidential** support service for students at The Skills Institute experiencing difficulties such as:

- Conflict resolution
- Problem solving
- Relationships
- Depression
- Drugs and alcohol
- Disability issues
- Dealing with emotions
- Thoughts of self harm and suicide



Please **call** 1300 OZHELP (**1300 694 357**) if you would like to know more.